## February 2023

## Rolla USD #217 Food Service

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 2023           S         M         T         W         T           1         2         3         4         5           8         9         10         11         11           15         16         17         18         19           22         23         24         25         24           29         30         31         4         5	F         S         M           i         6         7           2         13         14           9         20         21           6         27         28	Mar         2U23           T         W         T         F         S           1         2         3         4           7         8         9         10         11           14         15         16         17         18           21         22         23         24         25           28         29         30         31	<ul> <li>B. Breakfast Burrito, Tropical Fruit, Juice, Milk</li> <li>L. Chicken Crispito, Steamed Carrots, Tortilla Chips, Cherry Crisp, Romaine Lettuce, Apple, Milk</li> </ul>	2 B. Breakfast Pizza, Apple, Juice, Milk L. Cheese Breadsticks, Meaty Marinara, Corn, Tossed Salad, Fresh Broccoli Florets, Pineapple, Milk	3	4
5	6 B. Pancake & Sausage on a Stick, Pheapple, Juice, Mik L. Chicken Tetrazzini, Seasoned Peas, Garlic Bread, Tossed Salad, Sliced Cucumbers, Fresh Baby Carrots, Fresh Baby Carrots, Fresh Oranges, Mik	7 B. Biscut & Gravy, Fresh Oranges, Juice, Mik L. Hamburger Patty on a Bun, Baked Beans, Potato Wedges, Leaf Lettuce, Siced Tomatoes, Red Bell Pepper Strips, Rosy Applesauce, Mik	8 B. Sausage & Cheese Biscuit, Rosy Applesauce, Juice, Mik L. Popcorn Chicken, Mashed Potatoes, Green Beans, Chocolate Chip Pumpkin Bread, Cherry Tomatoes, Strawberries, Mik	9 B. Cereal, Breakfast Bar, Strawberries, Juice, Milk L. Rodeo Burger on a Bun, Roasted Red Potatoes, Fresh Broccoli Florets, Kiwi, Milk	10	11
12	13 B. Mini Waffles, Kiwi, Juice, Milk L. Beef & Bean Burrito, Corn, Tortilla Chips, Romaine Lettuce, Tomatoes, Watermelon, Milk	14 B. Pancakes, Sausage Patty, Watermelon, Juice, Milk L. BBQ Beef on a Bun, Seasoned Peas, Brownie, Fruit Cocktail, Milk	15 B. Bagel, Fruit Cocktail, Juice, Millk, Cream Cheese or Jelly L. Turkey & Cheese Sub Sandwich, Baked Beans, Sweet Potato Fries, Leaf Lettuce, Sliced Tomatoes, Grapes, Milk	<ul> <li>B. Cereal, Cinnamon Toast, Grapes, Juice, Milk</li> <li>L. Stromboil Triangle, Stearned Broccoli, Garden Salad, Fresh Baby Carrots, Peaches, Milk</li> </ul>	17	18
19	20	21 B. Biscut & gravy, Peaches, Juice, Milk L. Chicken & Noodles, Mashed Potatoes, Sauteed Zucchini, Roll, Fresh Baby Carrots, Cantaloupe, Milk	22 B. Cereal, Scrumptious Coffeecake, Cantaloupe, Juice, Milk L. Spaghetti w/Meat Sauce, Green Beans, Gartic Bread, Garden Salad, Mandarin Oranges, Milk	23 B. Scrambled Eggs, Toast, Mandarin Oranges, Juice, Mik L. Taco Salad, Refried Beans, Tortila Chips, Cinnamon Puffs, Romaine Lettuce, Red Bel Pepper Strips, Banana, Mik	24 B. French Toast Sticks, Banana, Juice, Milk L. Pig in a Blanket, Roasted Red Potatoes, Broccoli & Cheese, Pears, Milk	25
26	27 B. Breakfast Pizza, Pears, Juice, Milk L. White Chicken Chili, Combread, Cherry Tomatoes, Sliced Cucumbers, Honeydew, Milk, Shredded Mozzarella Cheese	28 B. Mini Wafles, Honeydew, Juice, Milk L. Mini Meatball Sub, Ranch Potato Wedges, Toss ed Salad, Tropical Fruit, Milk, Shredded Mozzarella Cheese	each Meal. This institut			

Fruit and Milk Choice offered with each Meal. This institution is an equal opportunity provider.